

Summer Fruit Festival Recipe #5

Filipino-Style Fruit Salad





Ingredients

- Combination of fruits bananas, nectarines, papaya, grapes, apples, pineapple, fresh coconut etc. - in bite-sized chunks
- 1½ cups whipped cream
- ½ cup condensed milk
- ¼ cup coconut cream
- Pinch of salt

Method

- 1. Combine whipped cream, condensed milk, coconut cream and salt in a mixing bowl. Toss in fruit and mix well.
- 2. Serve chilled.

Nb. This salad commonly contains nata de coco (coconut water jelly) but I've omitted it here so you don't have to make a special trip to your Asian grocery store to pick some up.



*The fruits for this broadcast were supplied by Harry Sun, Wing Chong and Profruit from the Sydney Wholesale Markets