



# Sambal Baked Fish with Hainanese Chicken Rice

By Jackie M

## Malaysian Food

I like to describe Malaysian food as the original fusion cuisine - it is the result of a melting pot of flavours and cooking techniques from its multiracial population of Malays, Chinese, Indians, Nyonyas, the indigenous people and other immigrant groups. This in combination with an abundance of local fresh ingredients and spices makes Malaysian food simply irresistible.

## About Dollee Products

One of the biggest barriers to recreating authentic Malaysian flavours at home is the lack of knowledge and accessibility to a lot of the ingredients used in Malaysian recipes. Dollee products are designed to take the guesswork out of trying to figure out where to find all these exotic ingredients plus they are incredible timesavers in the kitchen.



## Sambal Baked Fish Fillet with Hainanese Chicken Rice

### Ingredients:

- A bottle of Dollee Sambal 200g
- 2 tsps Amoy Soya Sauce
- A large fish fillet
- Bottle of Dollee Hainanese Chicken Rice paste 240g
- 3 cups of rice
- 4 ½ cups of water
- 1 Tbsp cooking oil (optional)
- Garnishing - coriander or mint

## Steps:

1. Combine rice, water, cooking oil and Dollee Hainanese Chicken Rice Paste in a saucepan, cover and bring to a boil on high heat.
2. Reduce the heat to the lowest setting and continue to cook, covered for about 10 minutes. Remove from heat and keeping lid covered, rest for 5 minutes before serving.
3. Wrap fish with sambal and Amoy soya sauce in aluminium tin foil. Let it grill over fire.
4. Serve fish with a side of rice.
5. Garnish with coriander or mint Leaves.

## Where to buy the ingredients and Dollee products

### NSW

#### Sunethra's Spice World

Carlingford Village  
372 Pennat Hills Road  
Carlingford

#### Asia Pacific Groceries

92A Nelson Street  
Wallsend, Newcastle

#### Asia Pacific Groceries

16A Hirst Street  
Jesmond, Newcastle

#### BKK Eastlakes Supermarket

Shop 16, Evans Avenue  
Eastlakes Shopping Centre, Eastlakes

#### Lakemba HalalMarket

3-4/ 153 Haldon Street,  
Lakemba

#### 7Mutiara Indonesian &Asian Supermarket

303 Beamish Street,  
Campsie

#### Indo Market

250 The Boulevard,  
Punchbowl

#### Jasmine Asia Market

Birkenhead Point  
Shop 114a, 19 Roseby Street, Drummoyne

#### IGA UNSW

University of New South Wales, High Street  
Randwick 2031

#### Best Value Supermart

32-34 Old Town Centre  
Bankstown 2200

#### Halal Enterprises

5/10 Lalor Road  
Quakers Hill 2763

#### Jusco Supermarket

Shop 1 Carlingford Village  
372 Pennat Hills Road  
Carlingford 2118

#### Madam Hoo Groceries Pty Ltd

212a Castle Tower Shopping Centre  
Castle Street  
Castle Hill 2154

#### Minto Fruit Orchard

Minto Mall  
43 Benlomond Road  
Minto 2566

#### Discovery Point Trading

Lot 6,  
6 Dsiccovery Point Place  
Wolli Creek 2205

#### Thai Kee

Shop 138 Market City  
Market City 2000

#### Citisuper

Shop 8, HSBC Centre (HEN CHONG)  
580 George Street  
2000

#### New Yen Yen

8 Quay Street  
Haymarket 2000

#### New Yen Yen

2 Endeavour Street  
Chatswood 2067

## VIC

**Box Hill Tan Hung Asian Grocer**  
Shop M2-3, Centro Box Hill  
Box Hill 3128

**Yang Yang Asian Grocery – BH**  
Shop 42-44, Centro Hill S/C  
Box Hill 3128

**A&S Wholesale Fruit & Vege**  
Shop P9, Parkmore Shopping  
Centre  
317 Cheltenham  
Keysborough 3173

**Laguna Supermarket – QV**  
1-11 Jane Bell Lane  
Melbourne 2000

**Thein Loan Supermarket**  
15, 63-67 Nicholson Street  
Footscray 3011

## QLD

**ThuanPhat**  
Shop 1 Inala Civic Centre  
156 Inala Ave

**Thai Hoa Asian Grocery**  
Shop 8 Inala Civic Centre  
Corsair Avenue  
Inala

**Lalyn Asian Groceries**  
Shop 47/49 Logan City 2/24  
Wembley Road  
Logan Central

**Burlington Supermarket**  
Shop 27 T.T. Beirne Centre  
China Town Mall  
Fortitude Valley

**Thuc Tham ChayAnlac**  
Shop 6, Inala Civic Centre  
37 Corsair Avenue  
Inala

**Valley Big Fresh Market**  
128 Darra Station Road  
Darra

**Bundamba Food Station**  
4 Brisbane Road  
Bundamba

**Saigon Grocery Market**  
Shop 9 Inala Civic Centre  
37 Corsair Avenue  
Inala

**Formosa Asian Market (Sunnybank)**  
Shop 88 Main Road  
Cnr McCullough Street  
Sunnybank

**Formosa Asian Supermarket (City)**  
102/104 Mart Street

Brisbane City

**Welcome Fresh Food**  
Shop 91 Sunnybank Plaza  
Cnr Mains Road & McCullough  
Road  
Sunnybank

**Ming Mei Asian Supermarket (Southport)**  
Shop G3 Australian Fair Food  
Court  
Southport

**Sunlit Asian Supermet**  
Shop 1110/11  
Westfiend Garden City  
Upper Mt  
Gravatt

## ACT

**Asian Provisions**  
54 Colbee  
Court  
Philip, Canberra

# WA

## **Family Fresh Fruit & Veg**

Shop 74 Belmont Forum  
Belmont Shopping Centre  
Belmont, WA 6104

## **Framer Jacks (Maddington)**

134 Westfield Street  
Maddington

## **Local Fresh Gourmet Market**

Cannington Shopping Centre  
Cannington

## **Midland Fresh**

Shop T17 Midland Gate  
Shopping Centre  
Midland

## **T&M Fresh**

Shop 1092-1093/1382  
Albany Hwy  
Cannington

## **Tan's Seafood**

46-48 Catalano Circuit  
Canningvale 6155

## **Winthrop Oriental Food**

Shop 12 Winthrop Village  
Shopping Centre  
Somerville Boulevard  
Winthrop 6150

## **Yee Seng Oriental Supermarket**

35 Hulme Court  
Megaplex Business Centre  
Myaree 6154

## **NP Carousel Supermarket**

45 Cecil Ave, Cannington  
WA 6107

## **NP Girawheen Supermarket**

1 Wade Court, Girrawheen  
WA 6064

## **NP Oriental Supermarket**

M2-No-161 Alton Road,  
Beechboro  
WA 6063

## **MCQ Fresh Supermarket**

Conventry Market, Walter Road,  
Morley, WA 6062

## **Chan Brother Oriental Super Market**

Unit 9, 1 Marshall Road,  
Myaree, WA 6154

## **Super IGA Waterford**

Water Ford Plaza, Kent Street  
Karawara, WA 6152

## **Innaloo Produce**

Westfield Innaloo, Ellen Stirling  
Blvd  
Innaloo, WA 6018